

### AGE GROUP MANAGERS

- U 6/7** Sue Williams
- U 8** Steve Burke
- U 9** Nathan Kuchel
- U 10** Abby & Liam
- U 11** Nicole & Jacqui
- U 12** Mike Corbett
- U 13** Kirsty & Darren
- U 14** Jane O' Sullivan

### JUNIOR COACHES

#### JUNIOR COACH

Cherie Jentz

#### JUNIOR CHIEF INSTRUCTORS

Luke Jentz, Rob Reid

**SWIM** – Simon Jeffries

**RUN** – Lee Myatt

Shaun O'Sullivan

Grant Brown

#### MARCH PAST & THEORY

Suzie Linke

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#### JUNIOR CHAIRPERSON –

Donna Thomas

#### JUNIOR SECRETARY –

Lisa Kuchel

#### FUNDRAISING -

Kate Barnes

### WHAT'S HAPPENING AROUND THE CLUB



#### IT'S FINALLY SUMMER

- **BURGER/FUNDRAISER NIGHT** – Fri 9<sup>th</sup> Dec.  
Watch the amazing sunset from the deck and enjoy burgers and beers.
- **CLUB XMAS NIGHT** – Friday 16<sup>th</sup> Dec, fun night with "THE AMAZING RACE", games and prizes for the kids and adults
- **PORT ELLIOT CARNIVAL** – only 2 weeks away, let your age group manager know if you would like to come and join the fun
- **BBQ VOLUNTEERS** – the age group manager will select volunteers the week before

### GET TO KNOW YOUR COACHES

#### STEVE BURKE – UNDER 8 AGE GROUP MANAGER

**My real job is...**Service Manager at Kia

**I started surf lifesaving...**last year

**My favourite meal is...**Pizza

**My nickname is school was...**Burkey

**My last travel destination was...**

The snow at Mt Hotham



### JUNIOR CARNIVALS AND EVENTS

CARNIVAL 2	SUN 18 <sup>th</sup> DEC	PORT ELLIOT
CARNIVAL 3	SUN 22 <sup>nd</sup> JAN	SEACLIFF
NIPPERTON	SAT 28 <sup>th</sup> JAN	WEST BEACH
MID COAST CHALLENGE	SUN 29 <sup>th</sup> JAN	CHRISTIES BEACH
JUNIOR QUALIES	SAT 25 <sup>th</sup> FEB	GLENELG
JUNIOR STATES	SAT 18 <sup>th</sup> / SUN 19 <sup>th</sup> MAR	SEMAPHORE

### BBQ ROSTER

All parents are encouraged to help with the BBQ

Nov 5<sup>th</sup> – Under 13

Nov 12<sup>th</sup> – Under 12

Nov 19<sup>th</sup> – Under 11

Nov 26<sup>th</sup> – Under 10

Dec 3<sup>rd</sup> – Under 9

Dec 10<sup>th</sup> – Under 8

Dec 17<sup>th</sup> – Under 6/7

### UNIFORMS

Available from the uniform office upstairs – see Chloe and Jo or order:

[pnuniforms@outlook.com](mailto:pnuniforms@outlook.com)

Rashies/ High Vis  
Bathers/ Jammers  
Club hats  
Hoodies  
Club shirts

### NIPPER OF WEEK

- U 6/7** Zoe Williams
- U8** Teagan Fossett
- U9** Baxter Reid
- U10** Miller Joraslafsky
- U11** Lucas
- U12** Chelsea Jentz
- U13** Gabrielle Stone
- U14** Mikayla O'Sullivan

**Congratulations kids, collect your free sausage and drink**

### TRAINING SCHEDULE

- SAT** 12 – 1 MARCH PAST  
U/9 – U/13
- SAT** 1:15-3:30 **U/8-U14**  
2:00-3:30 **U/6-7**
- SUN** 10:00-11:00 **BOARDS**  
U/9 – U/13
- TUES** 6:00-7:00 **SWIM**  
ALL AGES
- THURS** 5:30-6:30 **RUNNING**
- FRI** 5:30-6:30 **IRON MAN**

## NEWS

### MID COAST BOARD CARNIVAL

Thanks to Christies Beach SLSC for hosting a fun night last Friday for a couple of board races and a swim for the kids. Keep posted for more of these nights with the mid coast clubs



### COMMUNITY CUP 4K RUN AWARD

Maguire Reid, Chelsea & Tanisha Jentz and Victoria Barnes competed in this for 7 weeks. They won...Young Achiever Award, Fastest Team, Most Improved Team and Chelsea won fastest female over 4K. (This was against adults...these kids are amazing)



## SENIOR/ MASTERS CARNIVAL DATES & EVENTS

<b>SUN DEC 4<sup>TH</sup></b>	Seacliff Swim Paddle Run	Seacliff
<b>SUN DEC 11<sup>TH</sup></b>	Senior Carnival #2+ Masters	Location TBC
<b>SAT DEC 17<sup>TH</sup></b>	Somerton Signature	Somerton
<b>SUN JAN 8<sup>TH</sup></b>	Senior Carnival #3 U17-Open+Boats	South Coast
<b>SUN JAN 15<sup>TH</sup></b>	Youth Carnival	Location TBC
<b>SUN FEB 5<sup>TH</sup></b>	Brighton Jetty Classic	Brighton
<b>SAT/SUN FEB 11/12</b>	Senior Carnival #4	Robe
<b>SUN FEB 26<sup>TH</sup></b>	<b>Senior States Day 1</b>	Glenelg
<b>SAT/SUN MAR 4/5</b>	<b>Master States</b>	West Beach
<b>SAT/SUN MAR 11/12</b>	<b>Senior States Day 2/3</b>	Moana
<b>MAR 25TH-31<sup>ST</sup></b>	<b>Aussies</b>	North Kirra, QLD

## SURF LIFE SAVING COURSES AND PROFICIENCIES

Are you interested in doing some courses??

- Bronze Medallion
- Surf Rescue Certificate (SRC) – for 13-14yr olds
- IRB Crew or IRB Driver
- First Aid or Advanced Resuscitation Techniques Certificate (ATRC) or Radios

Contact **Mel Baker, Chief Instructor** at [trainingpnslsc@gmail.com](mailto:trainingpnslsc@gmail.com) if you are interested in any of the training above or have any questions.