

AGE GROUP MANAGERS

U6/7 Sue Williams
U8 Steve Burke
U9 Nathan Kuchel
U10 Abby Jeffries
 Liam Parker
U11 Nicole Reid
U12 Mike Corbett
U13 Kirsty McCracken
 Darren Stone
U 14 Jane O' Sullivan

JUNIOR COACHES

JUNIOR COACH

Cherie Jentz

JUNIOR CHIEF INSTRUCTORS

Luke Jentz, Rob Reid

SWIM – Simon Jeffries

RUN – Lee Myatt

Shaun O'Sullivan

Grant Brown

MARCH PAST & THEORY

Suzie Linke

JUNIOR CHAIRPERSON –

Donna Thomas

JUNIOR SECRETARY –

Lisa Kuchel

FUNDRAISING -

Kate Barnes

TRAINING SCHEDULE

SAT 12 – 1 MARCH PAST
U/9 –U/13

SAT 1:30-3:30 **U8-U14**
2:15-3:30 **U6/7**

SUN 9:30-10:30 **BOARDS**
U/9 –U/13

TUES 5:30-6:30 **SWIM**
ALL AGES

THURS 5:30-6:30 **RUNNING**

FRI 5:30-6:30 **IRON MAN**

WHAT'S HAPPENING AROUND THE CLUB

- **MID COAST BOARD CARNIVAL** - Fri 25/11
Christies Beach at 6:15pm – fun interclub
- **JUNIOR CARNIVAL** – Huge success, all the kids did very well and had lots of fun – see over
- **CLUB SWIM** – On every Sat after nippers, improve your swimming and join in the club spirit
- **SEACLIFF SWIM/PADDLE/RUN**– U/11 upwards, pay your fees
- **CLUB TRAINING** – let's see some new faces, increase your skills, fitness and have fun
- **FRI NIGHT MEALS** – stuck for dinner on Fri, come to the club, member prices

GET TO KNOW YOUR COACHES

MIKE CORBETT – U11 AGE GROUP MANAGER

My real job is...Boilermaker

I started surf life saving...2012

My favourite meal is...Simon & Rob's cooking

My nickname is ...Corbo

My last holiday was...Sydney



JUNIOR CARNIVALS AND EVENTS

CARNIVAL 1	SUN 20th NOV	SOMERTON
CARNIVAL 2	SUN 18th DEC	PORT ELLIOT
CARNIVAL 3	SUN 22nd JAN	SEACLIFF
NIPPERTON	SAT 28th JAN	WEST BEACH
MID COAST CHALLENGE	SUN 29th JAN	CHRISTIES BEACH
JUNIOR QUALIES	SUN 26th FEB	GLENELG
JUNIOR STATES	SAT 18th / SUN 19th MAR	SEMAPHORE

BBQ ROSTER

All parents are encouraged to help with the BBQ

Nov 5th – Under 13

Nov 12th – Under 12

Nov 19th – Under 11

Nov 26th – Under 10

Dec 3rd – Under 9

Dec 10th – Under 8

Dec 17th – Under 6/7

UNIFORMS

Available from the uniform office upstairs – see Chloe and Jo or order:

[pnuniforms@](mailto:pnuniforms@outlook.com)

[outlook.com](mailto:pnuniforms@outlook.com)

Rashies/ High Vis

Bathers/ Jammers

Club hats

Hoodies

Club shirts

NIPPER OF WEEK

U6/7 Harley Dugdale

U8 Zoe Guantam

U9 Presley Hudson

U10 Toby White

U11 Ziggy Bate

U12 Liam Kuchel

U13 Gabby Stone

U14 -

Congratulations kids, collect your free sausage and drink

JUNIOR CARNIVAL #1 - SOMERTON

A fun day was had by all kids with some excellent results across all age groups, many 1st and top 3 placings. For a small club we have some stellar kids!!

MARCH PAST – 1ST; CAMERON RELAY RESULTS: U/9 1ST U/12 2nd and 2nd (2 teams)
 U/10 1ST u/13 6th
 U/11 8TH



SENIOR/ MASTERS CARNIVAL DATES & EVENTS

SUN NOV 27TH	Senior Carnival #1+ Masters+ Boats	Aldinga
SUN DEC 4TH	Seacliff Swim Paddle Run	Seacliff
SUN DEC 11TH	Senior Carnival #2+ Masters	Location TBC
SAT DEC 17TH	Somerton Signature	Somerton
SUN JAN 8TH	Senior Carnival #3 U17-Open+Boats	South Coast
SUN JAN 15TH	Youth Carnival	Location TBC
SAT/SUN FEB 11/12	Senior Carnival #4	Robe
SAT FEB 25TH	Senior States Day 1	Glenelg
SAT/SUN MAR 4/5	Master States	West Beach
SAT/SUN MAR 11/12	Senior States Day 2/3	Moana
MAR 25TH-31ST	Aussies	North Kirra, QLD

SURF LIFE SAVING COURSES AND PROFICIENCIES

Are you interested in doing some courses??

- Bronze Medallion
- Surf Rescue Certificate (SRC) – for 13-14yr olds
- IRB Crew or IRB Driver
- First Aid or Advanced Resuscitation Techniques Certificate (ATRC) or Radios

Contact **Mel Baker, Chief Instructor** at trainingpnslsc@gmail.com if you are interested in any of the training above or have any questions.